

PARANORMAL UNDERGROUND®

Volume 10 | Issue 6

June 2017

Is
TELEPORTATION
Real?

**SOUL RETRIEVAL &
EXTRACTION:**
Paula Rosenfeld

**EXPLORING THE
HAUNTED**
Old Crown Coaching Inn

THE ELEMENTAL

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UNIVERSAL

**JAPANESE
GHOST LORE**

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**MOON RIVER
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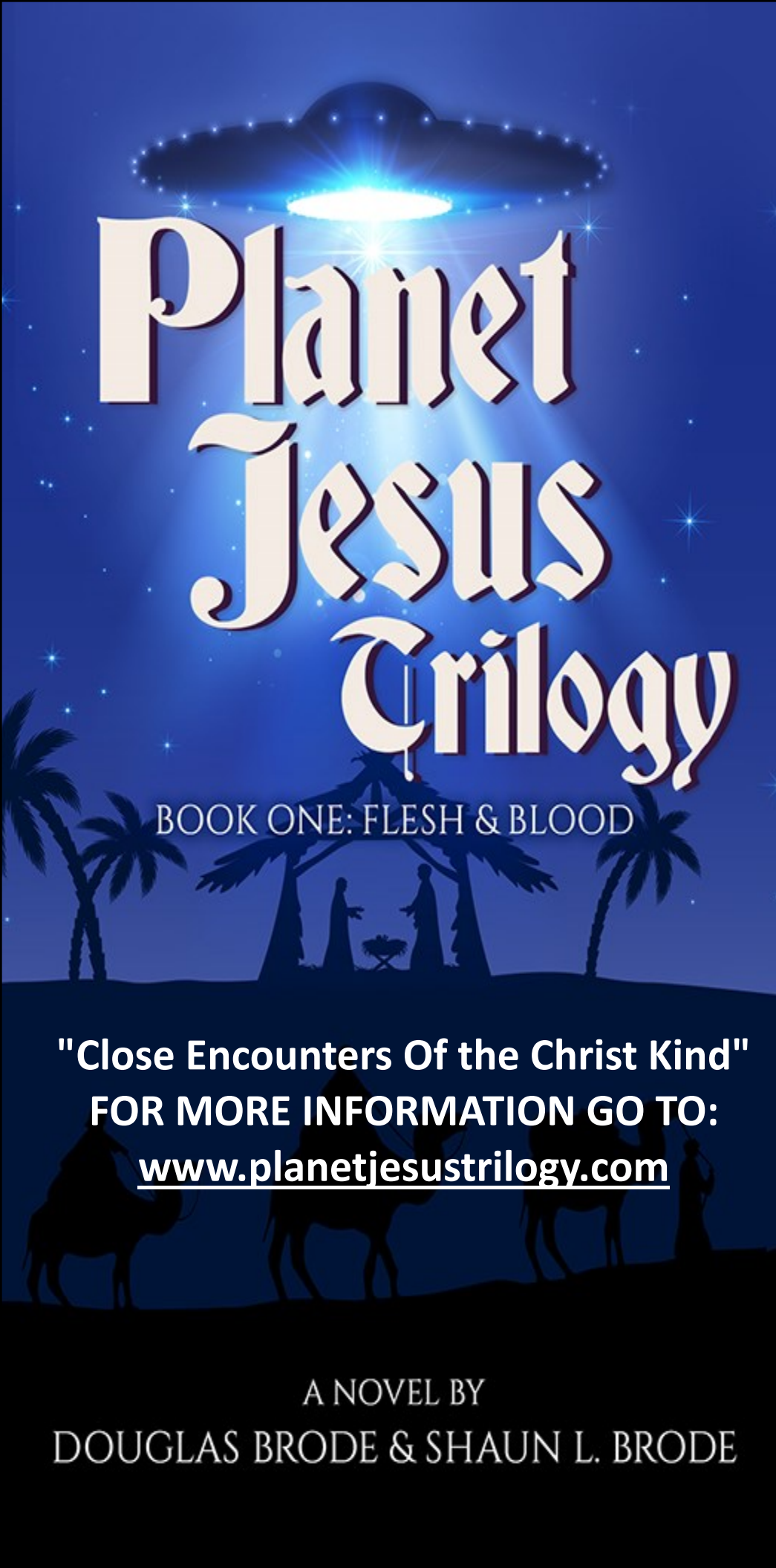
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PARANORMAL TV: POP-CULTURE GARBAGE OR WAKE-UP CALL?

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Winter has been an occultist and paranormal researcher for nearly 20 years. She has been published repeatedly since 2009 and has also been the subject of interviews regarding both areas of expertise.



Writing and witchcraft have always remained close to Winter's heart, feeling both require a profound understanding of one's self and environment. When she's not exploring the macabre and bizarre, Winter enjoys reading tarot, as well as writing poetry and short stories. All of her work can be viewed on her Website.

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William is a psychic medium and paranormal investigator and researcher. His interest in the paranormal goes back to his early childhood when he saw his first apparition. With this interest in the paranormal, along with a degree in history, it was only natural that he would jump at the chance to combine the two by giving tours.



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SEAN CASTEEL

Sean is a freelance journalist who has been writing about UFOs, alien abduction, and many other paranormal subjects since 1989. His writing has appeared in *UFO Magazine*, Tim Beckley's *UFO Universe*, *FATE Magazine*, *Mysteries Magazine*, and *Open Minds Magazine*, among others.



Sean has written or contributed to more than 30 books for Global Communications and Inner Light Publications, all of which are available from Amazon.com. His books include *The Heretic's UFO Guidebook*, which analyzes a selection of Gnostic Christian writings and their relationship to the UFO phenomenon, and *Signs and Symbols of the Second Coming*, in which he interviews several religious and paranormal experts about how prophecies of the Second Coming of Christ may be fulfilled.

<http://www.amazon.com/author/seancasteel>

BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team try to help their clients find answers while helping to educate them about the paranormal in the process.

As a special projects manager primarily involved in process engineering, and because



documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena. He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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KAREN FRAZIER

Karen is a psychic medium and author. Her published paranormal books include *Avalanche of Spirits: The Ghosts of Wellington*, *Dancing With the Afterlife*, and *Pioneer Spirits: Investigating the Haunted Lewis County Historical Museum*.



Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics, as well as a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. He also has his own group of sensitives, called Soul Warriors, who are based all over the US.

WILL JOHNSON

Will is a freelance writer, science fiction philosopher, stand-up comedian, and former weekly columnist for *Metro U.S.* (New York/Boston/Philadelphia) and *Steppin' Out* magazine. An independent scholar, he spends his free time perusing paranormal Websites and haunting the New Age section of Barnes & Noble. He



loves to correspond with his readers and can be reached at chillywillyj@hotmail.com.

CHERYL KNIGHT-WILSON

Cheryl is editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 20 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several business publications.
<https://paranormalunderground.net/>



MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

<http://michellepillow.com/>



CLAIRE SLOAN

Claire is a paranormal investigator out of the UK, as well as the owner of Shadows of the Night, a professional paranormal team that specializes in public events, corporate events, and more. Claire's journey in the paranormal began more than 20 years ago after hearing many stories as a child, especially overhearing a conversation with her mom and a friend talking about how she had to move because her house was haunted.

As a child, during school holidays, she spent a lot of time visiting old castles or picnicking at old ruins. Today she is still hanging out at these places, but this time as a paranormal investigator leading her team. Over the years, she has worked alongside medium Ian Lawman, ghost hunter Ray Jorden, and paranormal investigator Robb Demarest. Claire is also a charity event organizer and radio presenter.

<http://www.shadowsofthenight.co.uk/>



KRYSTLE VERMES

Krystle is a long-time paranormal enthusiast and professional writer with a bachelor's degree in print journalism. When she isn't composing pieces for her own paranormal blog, GetSpooked.net, she's recording her popular podcast, *All Day Paranormal*.

<http://getspooked.net/>



CHAD WILSON

A freelance writer, Chad is the publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

<https://paranormalunderground.net/>



JOHN YOUNG

John became a news reporter in the Marine Corps in the early '70s. He writes on a wide variety of subjects. Before that, he served in the US Army during the Vietnam War. After leaving the Corps, he worked in many other fields, including as a news reporter, photojournalist, editor on a weekly publication, surgical technician, truck driver, and route salesman security guard, among other jobs. But writing is what he likes best.

<http://hubpages.com/@jy3502> ♦



Do you have a dream you would like to have interpreted in Paranormal Underground magazine?

Email editor@paranormalunderground.net with a detailed description of your dream, and we will interpret it for you and possibly publish it in an upcoming magazine.

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Happy 9th Birthday Paranormal Underground!

Paranormal Underground magazine turns nine this month. Can you believe it? Over the course of our many years of publishing the magazine, I've always been thankful for all of our writers and readers, especially those whose lives the magazine has touched in a positive way. I believe in destiny and feel the magazine came about for a reason. We are just the architects of its design.

Initially, when we first started, I was caught up in the science of the paranormal and felt the magazine should serve as a way to explore how the paranormal worked and what exactly was causing paranormal phenomenon. And while I still feel one of our goals is exploring the possibilities that the paranormal offers, I've grown to realize that the paranormal is more than just a collection of data to be studied and understood. To me, the main thrust of the paranormal rests within the personal experience.

To me, the paranormal has grown to be about our growth as spiritual beings, and just like I feel it was destined for Cheryl and me to create a magazine about the paranormal, I also feel that paranormal experiences are meant to happen for a reason. I feel people experience paranormal things to open their eyes to possibilities they may never have imagined. And, just like everything else in this world that just happens to seem to fit together, the Universe provides exactly what we need when we need it, such as a paranormal experience to help fuel our

growth and passion for the human experience.

The paranormal means different things to different people. Some see it as proof of the existence of an afterlife, a place for our spirits to go when we die. Others see it as proof of life on

other planets or even of visitation by aliens to our own planet. And still others see the paranormal as proof that "more" exists in this world than we can ever hope to understand. Whatever your thoughts on what the paranormal is, the great part is that it means exactly what you need it to mean at the time, whether as a believer or non-believer.

I would like to reiterate how thankful Cheryl and I are for the writers who take the time out of their lives to write for us each month, as well as for writers who have submitted articles in the past. I'm especially thankful to Karen Frazier, J.D. Harrison, Winter Balefire, Krystle Vermes, Michelle Pillow, William Becker, Chuck Gotski, Bob Fountain, Maria Anna van Driel, Willie Windwalker Gibson, Jill Marie Morris, Rick Hale, Sean Casteel, and Ashley Hall, among a multitude of other writers too numerous to mention in a simple publisher's letter.

Rest assured, I am thankful to you all. And once again, thank you to our readers, without whom we would have little reason to put out this magazine month after month.

And thank you to the Universe, without which this whole thing — life, the magazine, and everything else — would not be possible. ♦



Chad Wilson,
Publisher

June 29-July 2

Roswell UFO Festival
Roswell, New Mexico
<http://www.ufofestivalroswell.com/>

June 30-July 2

Dulce Base UFO Conference
Wild Horse Casino & Hotel
Dulce, New Mexico
<https://dulce-base.com/>

July 15-16

Ocean State Paracon 2016
Harrisville, Rhode Island
<http://www.riseupparanormal.com/paracon.htm>

July 20-23

MUFON Symposium
J W Marriott Resort
Las Vegas, Nevada
<https://www.mufonsymposium.com/>

July 21-23

Mid-South Paranormal Convention
Ramada Plaza
Louisville, Kentucky
<http://msp.louisvilleghs.com/mid-south/convention.html>

July 28-30

Kecksburg UFO Festival
Kecksburg, Pennsylvania
<http://www.kecksburgvfd.com/ufo-festival-events.html>

August 3-6

IANDS (International Association for Near Death Studies) Conference
The Westin Westminster
Westminster, Colorado
<http://conference.iands.org/>

August 5

Strange Encounters of Pennsylvania
East Taylor Fire Hall
Johnstown, Pennsylvania
https://blogguyz.com/lhiv/event/local-unexplained-phenomena/?instance_id=27

August 19

Oregon Bigfoot Festival 2017
Glen Otto Park



Troutdale, Oregon
<http://oregonbigfootfestival.weebly.com/>

August 24-26

Michigan Paranormal Convention
Kewadin Casino
Sault Sainte Marie, Michigan
<http://miparacon.com/>

August 26

Maryland Paranormal Conference
Bowie Elks Lodge No 2309
Gambrills, Maryland
<https://www.eventbrite.com/e/maryland-paranormal-conference-tickets-35433240777>

August 25-27

Squatch Fest 2017
Mohican-Memorial State Forest
Perrysville, Ohio
<https://www.facebook.com/events/1302610159777318/>

September 1-3

International Bigfoot Conference
Kennewick, Washington
<https://www.internationalbigfootconference.com/>

September 9-10

Cryptid Con
Frankfurt, Kentucky
<http://www.cryptidcon.com/>

September 15-17

Afterlife Communication Symposium
Embassy Suites
Scottsdale, Arizona
<http://www.afterlifestudies.org/>

E-mail your paranormal event to
editor@paranormalunderground.net. ♦

PARANORMAL UNDERGROUND®

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Best Personal Paranormal Experiences

In this month's "Paranormal Insider" column, we've asked our insiders: "What has been your most compelling paranormal personal experience to date?" Here's what they had to say ...

* * * * *

"My most compelling paranormal experiences was my first one. When I was 8, a group of us kids were playing in another friend's neighborhood. We were all having fun exploring, and I kept seeing a sort of funny-looking little boy, about my age, peeking out from behind some stone and concrete structures.

"I asked the friend whose neighborhood we were in who the other kid was and if he could play with us. My friend said, 'No. That's Carl Green. He's dead. He died of typhoid.' I shrugged my shoulders, and we all kept playing. I found out 40 some years later that he is a very famous local ghost. When I did ghost tours in the area, my research into him found that he had indeed died of typhoid in 1913."

— William Becker, *Paranormal Insights*

"Hearing footsteps running around upstairs while no one was home with me in my late-1800s-built house. I got up to tell them to stop, but then realized halfway there that I was alone.

"Doors also would open and slam shut, but I could never prove it wasn't airflow."

— Michelle M. Pillow, *New York Times* and *USA Today* bestselling author

"Although letting a residual spirit walk through me when I was younger for the sensation and fun of it, the most compelling personal experience was at Waverly Hills Sanatorium. I walked down a hallway on the fourth floor alone, and for the first time ever I actually was frozen with fear.



"Virtually nothing scares me, and even negative environments do not bother me, but I apparently crossed paths with what is called the creeper, a negative entity known to roam that floor, and it gave me my first experience of how a true negative entity can affect your mind."

— Bob Fountain, *Spectral Tech*

"My most compelling experience happened one night just as my wife and I were about to fall asleep. We usually lock our bedroom door at night out of habit. That night, before falling to sleep, we distinctly heard the doorknob of our bedroom door jiggle, like someone was trying to open the door but couldn't because it was locked.

I jumped up and quickly ran to see if my stepson was trying to play a joke on us, but he was quietly sitting in his room playing video games. Strangely enough, he had something similar happen to him about a week before. I just wonder what would have happened if the door hadn't been locked."

— Chad Wilson, publisher of *Paranormal Underground* magazine ♦

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PAULA ROSENFELD: *THE ART OF SOUL RETRIEVAL AND EXTRACTION*

By Cheryl Knight

As an Awakened Certified Oneness Trainer, author, shamanic healer, clairvoyant, and meditation teacher, Paula Rosenfeld has dedicated her life to helping people become happy, healthy, and fulfilled. In 1992, she launched the From the Heart Center, where she helps others experience shifts in relationships, health, businesses, financial prosperity, and joy.

In 1994, Paula trained with the Foundation for Shamanic Studies, where she became a shamanic practitioner of the art of Soul Retrieval and Extraction. Since then, she has helped more than 1,000 people and animals recover from trauma using ancient methods of healing and energy transformation.

In her most recent book, *The Oneness Blessing: How Deeksha Can Help You Become Your Authentic Self, Heal Your Relationships, and Transform the World*, Paula interviews awakened Oneness Trainers whose lives have been transformed through Deeksha, a non-denominational transfer of energy from one person to another.

Paula is also a Certified Intrinsic Coach, specializing in health and wellness, and a Certified Meditation Instructor. She holds additional certifications in hypnotherapy, aromatherapy, and clairvoyant reading.

Paula recently spoke with *Paranormal Underground* magazine about her work as a shamanic healer, the benefits of Deeksha, and insights into the transformation of world consciousness.

* * * * *

Q: Tell us about yourself.

Paula: I was born in the 1950s into a stable, quintessentially suburban family, of which I never felt like I truly fit — only to discover in my early 30s that my passion for consciousness expansion was meant to serve humanity in ways I could never have imagined in the introverted childhood I experienced.

By the time I reached my early 30s, circumstances were propelling me into studying shamanic healing, clairvoyance, and myriad forms of energy work and meditation. Many of the conventional structures of my life fell away, and what emerged were awakening and a strong mission to help others awaken and find balance and fulfillment in body, mind, and spirit.

Q: Explain your work as a shamanic practitioner of the art of Soul Retrieval and Extraction.

Paula: I studied shamanic healing and the art of Soul Retrieval and Extraction in the early 90s from renowned author and contemporary shaman Sandra Ingerman, as well as other instructors affiliated with The Foundation for Shamanic Studies.

Shamanism is a global, 100,000-year-old indigenous world-view (not religion) that all things are imbued fundamentally with the One Great Spirit, a living consciousness that animates the entire Universe.

The shamanic belief is that when people and animals experience trauma, a part of their soul disconnects to



As an Awakened Certified Oneness Trainer, author, shamanic healer, clairvoyant, and meditation teacher, Paula Rosenfeld is passionately dedicated to helping people become happy, healthy, and fulfilled.

survive the trauma. This is a useful survival technique; however, when the trauma is finished, this disconnected soul part is “stuck” in another dimension. But it can be retrieved by the shamanic healer so that the person or animal is restored to their more original, whole state.

I go into a shamanic journey (a form of meditation) to work with my Spirit Guides to restore these soul parts and extract misplaced energy. Psychologists and psychiatrists have called the phenomenon of soul loss “dissociation” stemming from trauma; the indigenous people knew about this for centuries and treated it.

Soul loss can occur at any point in our lives, our in-utero life, and our in-between, cosmic, or past lives. I work in all these realms. The other useful work I do as a shamanic healer is called psychopomp, escorting the souls of the deceased to a higher realm we typically call the “Light.”

When people and animals die and have not resolved all their trauma or attachments, a part of their Spirit can get stuck on the earth plane. We think of these as ghosts. I work with my Spirit Guides to liberate these beings so their souls are free to evolve. The tribal shaman and his or her Spirit Guides regularly did this practice of bringing deceased beings to the Light in indigenous traditions.

Q: What is the Oneness Blessing (also known as Deeksha)?

Paula: The Oneness Blessing (also called Oneness Deeksha) is a non-denominational energy transmission given by touch or by intention. The word Deeksha means blessing in Sanskrit. This Oneness transmission originated in India from a long lineage of masters, was given to avatar Sri Bhagavan and his son Krishnaji, and has now become a global phenomenon.

Sri Bhagavan and his wife Sri Amma, along with their son, founded Oneness University in southern India, where the teachings of the Oneness Phenomenon are taught and experienced.

Oneness Deeksha catalyzes a growth of consciousness, marked by a neurobiological-based shift in perception. A permanent change in the brain can occur, especially through receiving repeated Deekshas or by going to Oneness University. This enables one to perceive the inherent connection in oneness to all that is. This is what is called “awakening,” which is on the continuum to enlightenment. It is not an awakened state, which is impermanent, but an actual permanent shift in the way life is experienced from a higher perspective and higher vibration.

Q: What do you do as a Deeksha Giver?

Paula: Through a special initiation, Deeksha Givers can pass on the Oneness Deeksha to people, animals, and



Paula is a Deeksha Giver. Deeksha transmissions foster a growth in consciousness, causing one to perceive and experience life as inter-connected.

all living things. The benefits to both giving and receiving Deeksha include often miraculous healing or shifts in relationships, health, purpose, joy, authenticity, and abundance. Self-awareness grows by leaps and bounds.

People are often seen to let go of resistance, cravings, and addictions. One of the biggest blessings is that the chattering mind begins to quiet and the heart opens. Relationships deepen into really authentic connections.

The Oneness Deeksha initiation is given by the Guides at Oneness University and also by Certified Oneness Trainers like myself in weekend courses. Periodically, courses are offered all over the world in classes taught by Oneness University Guides via Webcast (these classes are called “The Phenomenon and The Gift”) — so you don’t even have to go to India to work with the Guides if you want that experience.

These courses that we teach are profound, experiential journeys into exploring obstacles and paths to connection, prosperity, good health, purpose, self-awareness, and self-love. The non-denominational teachings are universal and applicable to creating fulfillment in your life on all levels.

Q: Whose work/research in your fields of study do you most admire?



Paula is also a Certified Intrinsic Coach, specializing in health and wellness, and a Certified Meditation Instructor.

Paula: I am continually blown away by brilliance of the Oneness Phenomenon. It has taught me that the relationship to what is personally sacred to me is the thing that gives me everything I need. I am led naturally to the right books, teachers, and people — whatever I need to grow and become happy.

I no longer need to go searching for truth; it is revealed to me in the right time and the perfect way. All I need do is continue my inner work of connecting in meditation, feeling gratitude, and listening to my guidance for direction. I am always being guided; I just have to listen within and take action when I am guided to do so. The Universe supports each of us as we let go and trust the sacred flow of life.

Q: What is important for our readers to know about the transformation of world consciousness?

Paula: The transformation of world consciousness is absolutely happening now; the path is not exactly linear, though. It is circuitous and sometimes very painful. Yet, this transformation is palpable, and seers and sages through history have predicted it.

In the Vedic tradition, these times are called the Golden Age. We've just begun; hang on to your hat!

Q: Tell us about your book, *The Oneness Blessing: How Deeksha Can Help You Become Your Authentic Self, Heal Your Relationships, and Transform the World*.

Paula: My book is a guide-map of the many ways that permanent awakening transforms lives. I interviewed 20 Oneness Trainers who have become permanently awakened through Deeksha and the Oneness Phenomenon. They share their own experiences of how they awakened

and how the Oneness Phenomenon has quite often miraculously shifted, in a short time, their relationships, careers, health, prosperity, and so much more, including the relationship with what is uniquely sacred to each individual.

The book includes information and experiences about the impact of ancestors, as well as the conditioning and karma we inherit from ancestors, past lives, and even our country. Ways are discussed to transform those factors and limitations so that one may become their empowered, authentic self, living a fulfilled life and truly changing the consciousness of the world.

Q: What would our readers be surprised to find out about you?

Paula: Readers might be surprised to find out that although I have spent over two decades working in the unseen realms as a shaman, navigating different dimensions and working with the spirit world, I've been terrified of seeing earth-bound ghosts since my teens — when I saw a few ghosts up close and personal! And that was enough for me.

When I'm not journeying in other realms, I like to be practical and down to earth within the conventional 3D world. I've got to laugh at myself about that!

Q: What research or projects do you have planned for the future?

Paula: I've always been very passionate about the importance of a healthy lifestyle. Many in the U.S. are unhealthily overweight (about 60% now) and uninformed about good nutrition and lifestyle choices. The environment and typical lifestyle, nowadays, is increasingly toxic and, in my opinion, unsustainable to life!

With awakening, the relationship with nutrition, lifestyle, and physical embodiment becomes more apparent. Expanded awareness brings with it more options and the inner freedom to make new choices. I want to be part of an "embodiment" awakening and help people live with more intentionality and a grounded, physical connection to the earth, their body, and to each other.

I'm now offering holistic health coaching to facilitate physical connection and optimal health of body, mind, and spirit. We are not our body ... but without it, this human experience would be impossible. The body is sacred, and I want to help people nurture their bodies and lives with consciousness.

* * * * *

To learn more about Paula Rosenfeld, visit <http://fromtheheartcenter.com/> and <https://www.facebook.com/paula.rosenfeld.77>. ♦

New from Author Karen Frazier

Higher Vibes Toolbox

*Vibrational Healing
for an Empowered Life*

Karen Frazier

...engrossing, personal, informative and useful in very practical ways. At last I have a resource I can share with people asking questions in the fields of energy and vibrational work.

**~William Becker, Psychic Medium -
Paranormal Insights**

Divine guidance in action

What would your life look like if you could live in alignment with your highest and greatest good? What would you experience if you had the tools to remove roadblocks keeping you from your life's true purpose? How would you live if you understood the secrets of tapping into your unlimited potential as a Divine being?

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STEPHEN MANLEY:

FROM GHOST HUNTER TO ROBOT FIGHTER

By Cheryl Knight

If you're a true Trekkie, you may recognize Stephen Manley as the actor who played "Young Spock" in the film *Star Trek III: The Search for Spock* (1984). And, more recently, you might have spotted Stephen in the films *Ghosthunters* (2016), *Rogue Warrior: Robot Fighter* (2016), and *Curse of the Phantom Shadow* (2016).

Stephen is a veteran actor of film and television and has been working for more than 40 years. In addition to film work, he has appeared on iconic TV shows, such as *All in the Family*, *Emergency!*, *The Love Boat*, and *Little House on the Prairie*.

His diversity as a character actor includes playing an eccentric scientist in Peary Teo's film *Ghosthunters*; a seedy drug dealer in Josh Evans' film *Death in the Desert* (2015); outlaw gunslinger Charlie Bowdre in Kevin Costner's TV documentary *Billy the Kid: New Evidence* (2015); and psychiatrist Dr. Saver in Tyler Perry's television series *The Haves and the Have Nots* (2017).

Stephen recently spoke to us about his recent film projects *Ghosthunters* and *Rogue Warrior: Robot Fighter*.

* * * * *

Q: You play an eccentric scientist in the movie *Ghosthunters*. Tell us about the film.

Stephen: I play Dr. Henry Tanner, a paranormal scientist who, along with his team of colleagues, goes back to the scene of the crimes of a serial killer known as the "Night Stalker" to capture the spirits of this killer's victims, most importantly the spirits of his wife and daughter who fell victim to the Night Stalker. A great film directed and written by Peary Teo.



Stephen Manley stars in the films *Ghosthunters* (2016), *Rogue Warrior: Robot Fighter* (2016), and *Curse of the Phantom Shadow* (2016).

Q: How did you prepare for your role in the film?

Stephen: Imagination is key in preparation for a role like this one. However, I did prepare for my screen test by rehearsing the scene with my grandfather, character actor Stephen Soldi, at his mausoleum. He was my role model and inspiration for much in life. It apparently worked.

Also, the location that Peary shot in lent a lot to the atmosphere, which helped all of the actors and crew tremendously.

Q: You also appear in the sci-fi feature *Rogue Warrior: Robot Fighter* as a tormented scientist. What is the film about?

Stephen: The film is written and directed by Neil Johnson and stars Tracey Birdsall. The film is about the takeover of AI in the future, and mankind is hanging on by a thread. My character of Ralston is, like Henry Tanner, a scientist, but he is also a resistance fighter. Another great part.

The film is due out this year. I think sci-fi enthusiasts will be pleased at the tone and texture of the film.

Q: What interests you most about the paranormal and sci-fi?

Stephen: I have always been fond of H. G. Wells, fantasy, and the mystical. I am grateful to participate in films of the genre. Wonderful experience.

Q: Have you ever had any real-world paranormal experiences?

Stephen: No, not really that I can definitively say yes to. I thought I heard a departed friend tell me he was OK once. And I also got a strange feeling while visiting Lon Chaney Sr.'s mausoleum. I would like to think they were real and concrete experiences.

Q: What has been your favorite role to date?

Stephen: I have enjoyed all of the roles that I have played recently. Dr. Ralston and Dr. Henry Tanner were great parts. However, playing gunslinger Charlie Bowdre opposite Jor-el Vaasborg's portrayal of Billy the Kid in Kevin Costner's *Billy the Kid: New Evidence* was a great highlight for me.

Q: What projects do you have in store for the future?

Stephen: Another role for Neil Johnson and Tracey Birdsall in their next film, one of even bigger proportions and scale, entitled *The Time War*. Another one that I am sure will please enthusiasts.

Q: How can our readers view *Ghosthunters* and *Rogue Warrior: Robot Fighter*?

Stephen: *Ghosthunters* and *Rogue Warrior* are available on DVD and Amazon.

Q: Where can our readers find you on social media?

Stephen: Like many actors and actresses, I have cut back social media. But keep an eye out on IMDB for my upcoming projects. ♦



In the 2016 film *Ghosthunters*, veteran actor Stephen Manley plays Dr. Henry Tanner, the inventor of the Parabol Containment Chamber, which captures disembodied spirits and generates ectoplasm from it. After his wife and daughter are killed by a serial killer called the "Night Stalker," he and two colleagues break into the crime scene to retrieve the spirits of his loved ones. Then, all hell breaks loose.

‘DON’T BEAM ME UP, SCOTTY’ IS TELEPORTATION REAL?

BY BOB FOUNTAIN, WWW.SPECTRALTECH.ORG

I usually write about the investigations my paranormal team has been involved with. Voices, sounds, and other things that go bump in the night can keep you busy, but sometimes you have a lull in the action and you can change your focus to other phenomena. As they say, the idle mind is The Devil’s Workshop.

Late one night I was sitting in my workshop reading an article about the soul and quantum physics by Dr. Fred Alan Wolf, who earned his doctorate in theoretical physics from UCLA and has written extensively about science and spirituality. I had the opportunity to attend one of his lectures in Memphis, Tennessee, about the possibility of time travel and dined with him after the lecture with some other guests. During dinner, he answered several questions from those in attendance. Although the direct topic of the soul never came up, Dr. Wolf alluded to the fact that it needed to be a factor in much of what science is now discovering in the field of physics.

While I was reading this article, there was an old *Star Trek* TV show on and I heard the traditional “Beam me up, Scotty” phrase that Captain Kirk says when he wants to get back to the USS Enterprise quickly. For some reason a thought came to mind about how the act of beaming up (science) would affect the soul (metaphysical). Science in relationship to metaphysical seemed like it was just the thing I was reading about.

I dismissed the thought as just my inner nerd surfacing since teleportation was purely science fiction, but the metaphysical part of my mind would not let the idea go so easily. Since science fiction often becomes science fact, I decided that it might be a topic to be explored.



Is Teleportation Real?

As far as we know, science itself has not developed the ability to teleport. There may be some black Defense Advanced Research Projects Agency (DARPA) project that figured it out, but unlikely.

First of all, to teleport a human *Star Trek* style, you would need to scan every cell, its location in relation to surrounding cells, and convert it to an energy signal. Then you need to take that signal, convert it back to material matter, and reassemble it back together in exactly the same way it was disassembled. There are two immediate problems with this procedure.

First of all, you are not just reproducing a cell, which are in the trillions in a human body, but everything that



makes a cell. To give you an idea of how many cells you are dealing with, the adult human body loses approximately 50-70 billion cells per day. Most of these cells are skin and blood cells and are continually being replaced, so our bodies are indeed a hub of constantly changing activity. So, do you leave the dead cells or wait for their replacements before you continue?

The DNA, the atoms, and other components of the cell have to be exact if the cell is to function correctly. Even if you have a super computer that can duplicate that task, you are required to do this feat at a quantum level. At that level, you begin to deal with quantum randomness. Quantum particles have been observed to hop in and out of existence, they create multiple states, and the effect of the observer can have an effect on the outcome.

So now you have to add the complexities of quantum randomness to the exact placement of these trillions of cells for the resulting human to survive. And it has to be done in seconds. Doesn't sound like good odds to me.

The second problem is that you don't get a second chance to do it right. Basically, you kill the person you are teleporting during the process of breaking down this

person into a quantum signal. If you have a glitch in the process, you cannot go back to the original and try again. They're gone.

Apportments and Alien Abductions

Does that mean that teleportation is impossible? Perhaps for living organisms, but in the metaphysical world it happens often. Apportments, the disappearance of an object that appears somewhere else, is often observed where there is paranormal activity. But I have never come across an observation of a living object being apported.

Apparently, there must be an as yet unknown law of physics that does not allow living biological objects to teleport.

A further affirmation to that conclusion would be in the field of alien abductions. If you read about aliens, supposedly with superior technology, they are often

reported to receive the abductees onto their craft within a beam of light. They do not disassemble the victim and beam them aboard.

Perhaps they haven't figured out how to do it yet either, because if it could be done, it sure would make their abduction business a lot easier.

**AS FAR AS WE KNOW,
SCIENCE HAS NOT
DEVELOPED THE ABILITY
TO TELEPORT. BUT WHY?**



How About the Soul?

So far it seems unlikely that teleporting is a thing of reality, but it doesn't address the metaphysical aspects of the soul in this process.

For the sake of argument, let's just say that they just figured out how to teleport a human without turning it into a sack of vegetable soup at the other end. What about the soul? Does the soul go with it?

There is a lot of evidence in the metaphysical field that our conscious and subconscious resides within the soul and not the material body. The body is designed to function on its own but is used by the soul as a device to experience the material world. Inhabiting certain bodies at certain times is how a soul can continually learn lessons for soul development.

To strengthen this argument, there have been experiments with mice who learned to master complex mazes. These mice then had their brains surgically scrambled (lobotomized) where memory is believed to reside and placed back in the same mazes again. They found that these mice had no problem running the maze successfully. These experiments meant that the memories, which should have been removed, were indeed intact and must have resided somewhere else.

If you are to believe reports of people who remember past lives, these memories could not have been possible if they resided in the material brains of the deceased. Once these physical bodies were no longer "alive" and all brain

activity ended, the memories should have also ceased to exist.

Now if the soul, which contains the memories and life experiences of the person, all of a sudden notices the physical body dissolve in the process of teleporting, what happens to the soul?

It's doubtful that the soul went with the new body. Even though the soul is likely a conscious form of energy, most scientists disregard the concept of a soul altogether and would not take steps to ensure this energy went with the body being teleported. Why would you attempt to teleport something you do not believe exists?

So, now the soul has some choices to make. Does it return to wherever the soul goes when the material body it was attached to dies? It is deemed as "lessons learned" and time to pick out the next body for the next set of lessons? Does it wait around hoping the body returns, which would make it a ghost? Or does it go after the newly reassembled body and attach itself to it, providing it's not a sack of vegetable soup?

And what would you have at the other end if the soul decided to return from whence it came or hang around as a ghost? You either end up with a soulless biological 3D printer version of who you teleported, which has no memories or life experiences, or a functioning human being that is glad it's not a bag of vegetable soup. Again, not good odds.

So rather than saying, "Beam me up, Scotty," I would have to say, "Never mind, Scotty. I think I'll take a cab." ♦

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Haunted Moon River Brewery

By John Young, <http://hubpages.com/@jy3502>

Savannah, Georgia, is one of the oldest and most haunted cities in America. It's no surprise then that the city boasts what is considered by many to be one of the most haunted places in the country ... the Moon River Brewery. The property, located on W. Bay Street, was built in 1821. And, apparently, there's more than one type of spirit on the premises.

Originally constructed as the city's first hotel, through the years it also housed the first United States Post Office, Savannah's first bank, and a tavern and restaurant. There are some interesting stories attached to this structure. In 1832, Dr. Phillip Minus quarreled with a local undesirable resident named James Stark. Afterwards, bad blood escalated between the two. Later, Minus shot Stark squarely in the chest as he descended the stairs. Minus said he had seen Stark reach for his gun and fired in self-defense. He was acquitted on all charges. Some claim to have seen Stark's ghost coming down the stairs.

In 1851, Peter Wiltberger bought and renovated the building, and it served as a hotel until 1864 just before the arrival of the Union Army. However, before closing, another violent incident took place at the location in November 1860. James Sinclair of New York City was in town seeking employment. Yankees weren't exactly welcomed at the hotel, and local patrons suggested in no uncertain terms it would be in his best interests to leave. When Sinclair refused, he was dragged out of the hotel, stripped, and beaten almost to death.

Sometime before the Civil War there was a fire in the building. It's believed it started in the attic where slaves were kept locked up at night and slept on hay. It's not known exactly how the fire started, but the hay definitely contributed to how fast the blaze traveled.

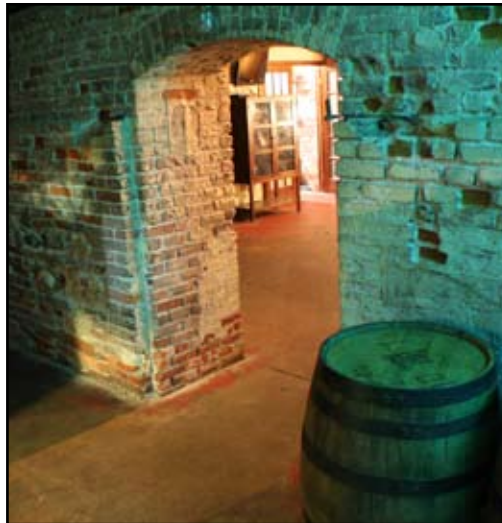


The Moon River Brewery in Savannah, Georgia, is the site of extreme paranormal activity, including unexplainable thrown objects and employees and patrons being pushed and slapped.

Unfortunately, no one remembered to let the slaves out of their locked quarters, and they were burned alive. At the time, accurate keeping of slave records wasn't a foremost priority, so it will never be known how many actually died that night. Also, a white apparition, believed to be the spirit of a hotel worker who died there in the late 1800s has reportedly been seen on the restaurant's upper floors.

The building was used to store coal and lumber in the early 1900s. It was during this time, while renovating the third floor, that a construction foreman's wife was viciously pushed down the stairs.

Up until the 1960s, the building was used for a general storage facility and then converted into an office supply



Moon River Brewery was Savannah's first hotel, the site of the first United States Post Office, and a tavern and restaurant.

store. Unfortunately, in 1979, Hurricane David ripped the roof off. It remained vacant until 1995.

The Moon River Brewery opened in 1999. Since then, staff and customers have reported many unexplained, sometimes violent, incidents. Bottles have been

thrown by invisible entities. Visitors have been touched, pushed, and slapped by unseen hands. Frequently, shadows seem to scurry out of sight when spotted and sounds of unseen children playing have been heard.

There's also a somewhat cantankerous phantom that haunts the top landing of the stairs and becomes perturbed at anyone attempting to come up.

What sounds like a rock being thrown down the steps and bouncing off a metallic door is also sometimes heard.

Some have been tapped on the head while standing in one specific corner on the fourth floor. People touring the basement have been overcome with an extreme feeling of

sadness, heard footsteps, and felt cold spots.

Visitors have also reported malfunctioning cameras and video equipment, as well as getting strange images on what they were able to record. ♦

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PSYCHOPATH PRESS PUBLISHING

Is There a Hollow Earth/ John F. Kennedy Assassination Connection?

Sean Casteel, www.spectralvision.wordpress.com

—Admiral Richard E. Byrd is thought of as an iconic American hero. But what was he concealing from the public, and why did he swear to secrecy a handpicked group from among the crews that accompanied him on his polar expeditions?

—In 1938, the Nazis asked Byrd to join their expedition to the North Pole, which the admiral quite naturally declined. The Nazis went there without him, seeking to make contact with a hidden race of supermen by finding a doorway into the Hollow Earth that was believed to exist in the icy northern wastelands. Did the Nazis succeed in making that contact? Did they get alien assistance in building their own disc-shaped aircraft?

—The admiral's cousin, David Harold Byrd, was an oil-rich financier from Texas who funded some of Admiral Byrd's earlier polar expeditions. By virtue of his wealth, Harold Byrd was part of the inner circle of the wealthy and powerful in Texas, which included Lyndon Johnson and John Connally. Did the secret cabal somehow have a hand in the assassination of John F. Kennedy? Was the conspiracy of murder birthed in a Houston hotel room?

—There is said to be a world beneath our feet, a civilization located at the innermost core of our planet. Some call it the Hollow Earth or the Inner Earth. It has been described as a virtual paradise by some and a horrifying, hellish nightmare by others. Doorways into this mystery realm have been sought for centuries, but has the actual opening been photographed from space by our modern day satellites?

* * * * *



Admiral Byrd and fellow pilot Floyd Bennett were the team that flew over the North Pole.

To many in the UFO and conspiracy theory communities, Admiral Richard E. Byrd is not merely some benign fatherly figure smiling at us from the pages of 20th century history. While Byrd is commonly thought of as a national hero and a courageous explorer of the forbidding wastelands of the Polar Regions, those who look a little deeper soon discover a disturbing darkness and subterfuge that entangles the American icon in many a wicked web.

The history of Byrd's covert "dance with the demons" is covered most thoroughly in a 2017 book issued by Global Communications/Conspiracy Journal, Timothy Green Beckley's publishing house. The book is called Se-

cret *Exploits of Admiral Richard E. Byrd* and is subtitled *The Hollow Earth, Nazi Occultism, Secret Societies, and the JFK Assassination*. Beckley uses his usual “kitchen sink” method, employing several writers who attack the various subjects from a great many angles.

The Story of Byrd as an Explorer Begins

In the interest of disclosure, I also contributed a few chapters to *Secret Exploits of Admiral Richard E. Byrd*, including a Q and A with Tim R. Swartz, Beckley’s resident expert on all things Byrd.

“Before he was Admiral Byrd, he was Richard Evelyn Byrd, Jr., and he was born in 1888,” Swartz told me. “Byrd graduated from the Naval Academy in 1912 and was commissioned an Ensign in the U.S. Navy. He volunteered to become a naval aviator.”

Along with a keen interest in flying, Byrd also had a fascination with exploration. By the time he came of age, there was little new left in the world to explore except the Polar Regions. Expeditions had been traveling to the areas at the North and South Poles since the 19th century, but Byrd believed he could do a more complete job of exploring there, especially with the added advantage of aircraft that would give his team the ability to view the icy regions from the sky.

“His first trip was in 1926, when, along with a pilot named Floyd Bennett, he attempted to fly over the North Pole in a tri-motor monoplane,” Swartz said. “It lasted about 14 to 15 hours, and they claimed to have reached

THE NAZIS HAD BECOME INTERESTED IN PLACES LIKE ANTARCTICA BECAUSE HITLER BELIEVED THERE MIGHT BE AN ENTRANCE THERE THAT WOULD LEAD INTO THE HOLLOW EARTH.

the North Pole, covering a distance of about 1,500 miles. They encircled it and then managed to make it back safely. When he returned to the U.S., he was a national hero. Congress even passed a special act that promoted him to the rank of commander and awarded him the National Medal of Honor. From that point on, to the U.S., Byrd could do no wrong.”

In 1938, Byrd visited Nazi Germany. The Nazis were intent on exploring the Arctic themselves and invited Byrd to participate in their expedition. Times being what they were politically, Byrd quite naturally declined. So the



Sikorsky R-4 helicopter landing on icebreaker USCGC Northwind during Operation Highjump.

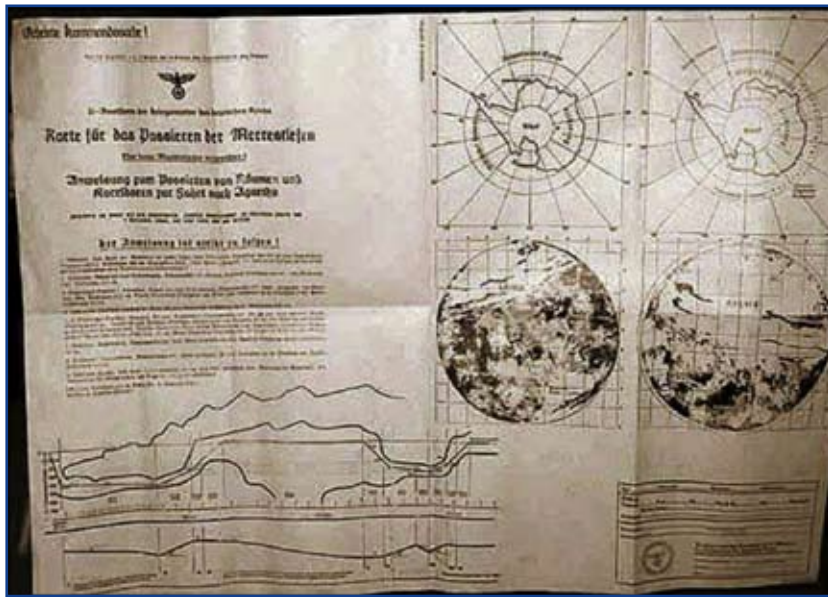
Nazis went to the North Pole without him and probably established several bases in the region, beginning then and lasting through the duration of World War II, according to Swartz.

The Mystery of ‘Highjump,’ The Aborted Mission

In 1946, in postwar America, Operation Highjump was conceived. Intended to be an exploratory visit of Antarctica, the huge number of ships, helicopters, and other aircraft, along with 4,000 personnel, that were mustered for the project continues to arouse suspicion. Although the expedition was originally planned to last for six months, the mission was called off after only three weeks, with the team claiming they had done all the exploring necessary.

The Nazis were intensely interested in exploring the South Pole and even drew up maps that some say pinpointed the location of an opening to the inside of the Earth.

“Some people have speculated that they went there in search of a secret Nazi base hidden somewhere along the coast of Antarctica,” Swartz said. “At the end of World War II, there were a number of German U-boats that had left the Canary Islands carrying personnel, equipment, supplies, and things like that. They would later surrender in Argentina but without all the personnel and equipment on board. Now, one of the U-boat captains said that they had dropped off their people, equipment, etc., at a secret base in Antarctica. And declassified documents show that



The Nazis were intensely interested in exploring the South Pole and even drew up maps that some say pinpointed the location of an opening to the inside of the Earth.

this could be one of the reasons why this expedition, Operation Highjump, had been established, to find out just what was going on in Antarctica.”

Swartz said that the Nazis had become interested in places like Antarctica because Hitler believed there might be an entrance there that would lead into the Hollow Earth. According to the occult lore that Hitler subscribed to, the Hollow Earth was the home of the Root Race, the Aryan people, supermen that Hitler hoped would aid him in his dream of world conquest.

Freemasonry, Secrecy, and the ‘Loyal Legion’

Writer Tim Cridland contributes some chapters to *Secret Exploits of Admiral Richard E. Byrd*, including a discussion of Byrd’s ties to Freemasonry and his reputation for secrecy.

“Richard Byrd was a Freemason, having joined a Washington, D.C., lodge in 1921. It seems being members of secret societies — and the Freemasons in particular — was a ‘thing’ for explorers of the day,” Cridland writes. “The mainly volunteer crew at Little America, the base camp for Byrd’s 1928 Antarctic expedition, were so unruly that Byrd formed a secret society within the group. Eleven of the 42 men at the base were Masons like Byrd. Byrd’s secret society, which he called the ‘Loyal Legion,’ was obviously based on the Masonic systems of initiation and confidentiality.”

Byrd, in order to protect himself from mutiny in Antarctica and to guard his reputation when he returned

to the U.S., made the initiates swear to divulge to no one the existence of the Loyal Legion. They further had to swear that they would not try to learn the names of other members of the group. Most importantly, they swore to do whatever Byrd asked them to do and not to tell anyone that Byrd asked them to do it.

“If Byrd needed people around him that were loyal and able to keep secrets, and he found Freemasonry to be a system that facilitated this, his future actions were congruous,” Cridland explains. “On his next Antarctic expedition, which took place in 1934-35, 60 of the 82 members were Freemasons. He established the First Antarctic Lodge, number 777, in February of 1935.”

It does seem as though Byrd was stacking the deck by surrounding himself with like-minded Freemasons who were willing to keep his secrets both inside and outside the lodge. Just the sort of thing that conspiracy theorists, such as ourselves, tend to find significant.

Is There Photographic Proof of the Hollow Earth?

Cridland also contributes a chapter about the “Hole-at-the-Pole Theory,” the same allegedly supernatural portal that had sent the Nazis scurrying to find a way into the Hollow Earth.

“The question most often asked by the uninitiated when discussing the Hollow Earth theory: ‘If there are holes at the poles, why aren’t there any satellite photos of them?’ The usual response is to pull out the photos uncovered by Ray Palmer in the June 1970 issue of *Flying Saucers Magazine*,” Cridland writes. “Palmer, the man that some claim was responsible for starting the public’s obsession with flying saucers, had started the modern-day Hollow Earth movement in an earlier issue of the magazine.

“Palmer, upon finding the photo taken by the ESSA-7 satellite on November 23, 1968, declared ‘The North Pole photo, lacking clouds in the polar area, therefore reveals the surface of the planet. Although surrounding the polar area, and north of such areas as the North American continent and Greenland and the Asian continent, we can see the ice fields of the eight-foot thick ice. But in the photo, we do not see any ice fields in a large circular area directly at the geographic pole. Instead, we see — THE HOLE!’”

But Palmer’s claims have been impossible to verify with follow-up photos. Cridland says that is likely because there have been a scant few other photos that claimed to show a polar void and that even fewer are taken from a

polar-orbiting satellite. Which makes photos relevant to this discussion hard to find. Later photos, which captured images using the relatively new capability of infrared satellite photography and taken long after Palmer's enthusing over the 1968 satellite photo, did not prove the existence of the hole either. The expected heat signature of the supposed hole simply wasn't there.

Cridland says this does not mean we should rule out the possibility of a Hollow Earth, however, since we are dealing with government photos that may have been doctored before being released to the public. We are already aware of a long-standing cover-up by the government of UFOs and the "aliens" who occupy them, so it requires no great leap of faith to believe this kind of secrecy may apply to the Hollow Earth as well.

Byrd's Cousin and the Houston Hotel Room Conspiracy

Speaking of government cover-ups, Cridland also contributes a chapter to *Secret Exploits of Admiral Richard E. Byrd* that closely examines the relationship between the admiral and his cousin, as well as a strange connection to the assassination of John F. Kennedy.

"Byrd's cousin, David Harold Byrd was instrumental in funding Byrd's polar expeditions before the government took over," Cridland writes. "Harold Byrd promoted the expeditions quite literally like carnival attractions, having a replica of the Antarctic base Little America set up at the 1936 Texas Centennial Exposi-

"THE QUESTION MOST OFTEN ASKED BY THE UNINITIATED WHEN DISCUSSING THE HOLLOW EARTH THEORY: 'IF THERE ARE HOLES AT THE POLES, WHY AREN'T THERE ANY SATELLITE PHOTOS OF THEM?'"

tion. Richard Byrd showed his appreciation by naming an Antarctic mountain range after his cousin and benefactor.

"Harold Byrd's oil wealth granted him entry into the inner circle of Texas power," Cridland continues. "He was a member of the 8F group, an elite organization named after the room number of the Lamar Hotel in Houston where they held meetings. The group of predominately right-wing business men had Lyndon Johnson and John Connelly in its ranks. 8F also coordinated political activities with other Southern right-wing politicians and businessmen, including Billie Sol Estes and Clint Murchison. These are names that are very familiar to researchers who have investigated Lyndon Johnson's connections to the JFK assassination."

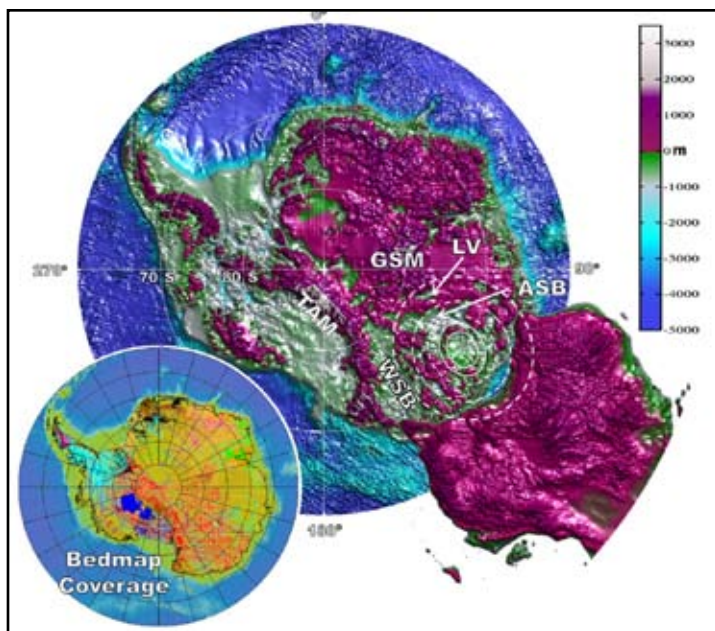


This photo, taken by the ESSA-7 satellite on November 23, 1968, purports to show an opening at the North Pole.

Cridland sketches in further damning details, such as the fact that Harold Byrd was the owner of the Texas School Book Depository, the building that Lee Harvey Oswald worked at and the alleged location of the fatal shots. Harold Byrd bought the building in 1939. When he returned from a suspiciously timed, two-month African safari in January 1964, Harold Byrd had the window that Oswald allegedly fired from — the window of the sniper's nest — removed and kept it as a souvenir.

"He morbidly decorated the bottom half of the window with newspaper clippings of the assassination and postcard pictures of Kennedy, Dealey Plaza, and his Book Depository," Cridland writes. "He framed it and put it in the banquet room of his mansion, where it remained until the day he died in 1986."

It is as though Harold Byrd took no small amount of covert pride in the fact that he was part of both the successful presidential assassination and the subsequent — and quite nearly impenetrable — cover-up. While there is no obvious direct link between the Admiral himself and the purported Texas-based conspiracy, his blood relationship with his deep-pocketed cousin Harold should raise a few flags of interest. If the long and tangled thread of subterfuge and collusion that surrounds the JFK assassination is ever publicly exposed, will it be possible to follow the thread back to a Houston hotel room and the oil-rich David Harold Byrd?



In 2006, Ohio State University scientists claimed to have found some kind of “gravitation anomaly” located below Wilkes Land, Antarctica.

Micah Hanks on the Nazi Connection

From the darkness surrounding Byrd, his cousin and the JFK assassination, we move along to what may be even darker terrain, as described by author and podcaster Micah Hanks.

“It’s one of the most famous conspiracies associated with the end of the Second World War: that a group of Nazis escaped to Antarctica, where they had a secret base established to aid in the furtherance of their top secret flying saucer development program,” Hanks writes. “Such tales have been the stuff of legends for decades now, and the persistence of rumors like these offer an alternative to popular theories about alien visitors that remain a hallmark of modern UFO lore.”

Hanks refers to a 2006 discovery by Ohio State University scientists who claim to have located some kind of “gravitation anomaly” located below Wilkes Land, Antarctica. It was later speculated in the tabloid press that the anomaly could be the long-sought “secret Nazi UFO base” in question.

There is some legitimacy to this idea, according to Hanks, stemming from the fact that the Nazis did mount an expedition to the South Pole in 1938-39, though there is no proof they attempted to establish a more permanent stronghold there. Ironically, according to Hanks, the idea of Nazi UFOs in Antarctica has less to do with anything the Nazis actually did than with what Admiral Byrd himself said about it.

Hanks quotes from a 1947 interview with Byrd, published in a Chilean newspaper, thusly: “The admiral stated that he didn’t want to frighten anyone unduly but that it was a bitter reality that, in case of a new war, the continental United States would be attacked by flying objects which could fly from pole to pole at incredible speeds.”

“As one can see,” Hanks continues, “such wording easily lends itself to the idea of a connection between the Nazi UFO mythos and something going on at the South Pole.”

Yet the answer is still not so simple, according to Hanks. But we’ll leave the rest of what he has to say to readers of *Secret Exploits of Admiral Richard E. Byrd*, who will no doubt approve of Hanks’ thorough research and attempt to document the truth about a conspiracy theory that so far shows no sign of being abandoned.

The Tip of the Proverbial Iceberg

Secret Exploits of Admiral Richard E. Byrd also includes the contributions of other writers, like Dianne Robbins, Richard Toronto, and Dr. Raymond Bernard.

Among the chapters I wrote myself is one about the legends of “Agharta,” a paradise located in the Hollow Earth that is lit by a wondrous internal sun and is sometimes visited by spiritual seekers of truth, like the reincarnated Buddhist monk T. Lobsang Rampa.

I also write about the Hollow Earth as described by writer Richard Shaver, who says the interior of our planet is a virtual infernal hell occupied by a demonic race he calls the “dero,” who use their ancient technology to wreak a continual evil havoc on us surface dwellers.

Secret Exploits of Admiral Richard E. Byrd runs that gamut between the extremes of Heaven and Hell even as it places the often secretive Admiral — and various related conspiracies and secret societies — firmly in the context of known American history.

The obvious Polar Regions pun is this: We are only seeing the tip of a dark and mysterious iceberg so far and must wait to learn whatever truth is ultimately revealed about Byrd and the secrets he so closely guarded.

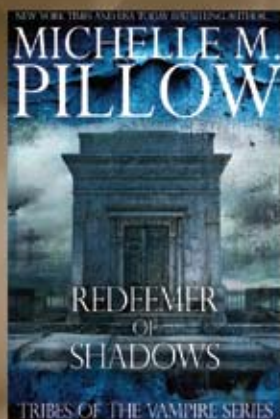
Suggested Reading List:

- *Secret Exploits of Admiral Richard E. Byrd: The Hollow Earth, Nazi Occultism, Secret Societies and the JFK Assassination*
- *The Secret Lost Diary of Admiral Richard E. Byrd and the Phantom of the Poles*
- *The Smoky God and Other Inner Earth Mysteries — Updated/Expanded Edition*
- *Nazi UFO Time Travelers* ♦

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LIFE AND THE UNIVERSAL

BY WILLIAM BECKER, WWW.PARANORMALINSIGHTS.NET

I've been hearing many people talk about feeling unsettled and afraid lately. They feel like the energy of the planet has shifted to something far less hospitable than what we had been experiencing. They tell me that they have become afraid. Even afraid to leave the house at times. Mostly I've heard of this phenomena leading up to the election, increasing after it, and reaching a climax after the inauguration of the current President. Please note: I mention the timeline not to be political, but simply to put the conversation into perspective.

I understand what people are talking about. But I'm not sure how much is connected to the world's consciousness and how much is simply connecting to the world around us in some way and our increasing awareness of the traumas and tragedies engulfing much of the planet. Personally, I'm not noticing a real change in energy.

Many years ago, I'd drive the west side freeways into Portland and see the city; then the visual I had would shift. The current city was like a projection on a gauzy screen. Behind the screen, the city was abandoned. The buildings were still standing. They were overgrown with ivy, trees, and all sorts of green things. And the city was quiet. No living animals or people.

As I would drive closer, the screen would rip in two and reveal the ruined city. This would happen frequently on my drives in, just when the city skyline came into view. This was during the time the government was contemplating the neutron bomb — a bomb that would kill all the living but leave the buildings and infrastructure intact.

I've notice a couple of "visions" lately that have been similar in their destructiveness. I was driving the other day, and I could see the air battle. Actually, not a real battle, just bombs and missiles flying in and blowing up. A few days later, I could see the explosion of an atomic bomb about where my house is.



Neither of these visions caused me to be afraid. But they did make me wonder what was behind them. I don't have a history of prophetic visions.

The ruined city behind the screen hasn't happened — not yet at least! I sit in the window as I write this, and I don't see the bombs and missiles flying. I think that the things I've seen are more an awareness that the world is unsettled. This time the trigger to the vision hasn't been neutron bombs; it's that we've been at constant war for more than 14 years. It's the huge rise

in hate crimes. Its non-stop media telling us the next terror attack is around the corner. I think these are the impetus for people's fears.

But how is all of this playing out in the cosmic realm? What is happening with energy with the violence in the world? I think that depends on what level one's referring to. On the highest levels, it isn't.

We have the complicated, messed up, and chaotic energy that is at the human level. I see this as the lowest level of energy encircling the planet. Please note: I'm speaking in broad generalities here. I think that those individuals that are reading this level, and perhaps little else beyond it, are feeling the confusion. I also think this is partly because we have so much of an information overload that we become hyper aware of the worldwide conflicts and don't get beyond them and the impressions they leave. I also don't think that this will change.

To me, all indications are that we are locked into permanent war in parts of the world. These aren't really ideological conflicts as much as they are about resources, power, and control.

WE HAVE SO MUCH OF AN
INFORMATION OVERLOAD THAT
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AND DON'T GET BEYOND THEM.

But on a cosmic level, as far as the energy and well-being of the universal awareness, it just doesn't matter. I'm going out on a limb here, but my conversations with the ancient ones indicate that what happens

or doesn't happen with us here on the planet will not change the balance of the deepest levels of spiritual energy.

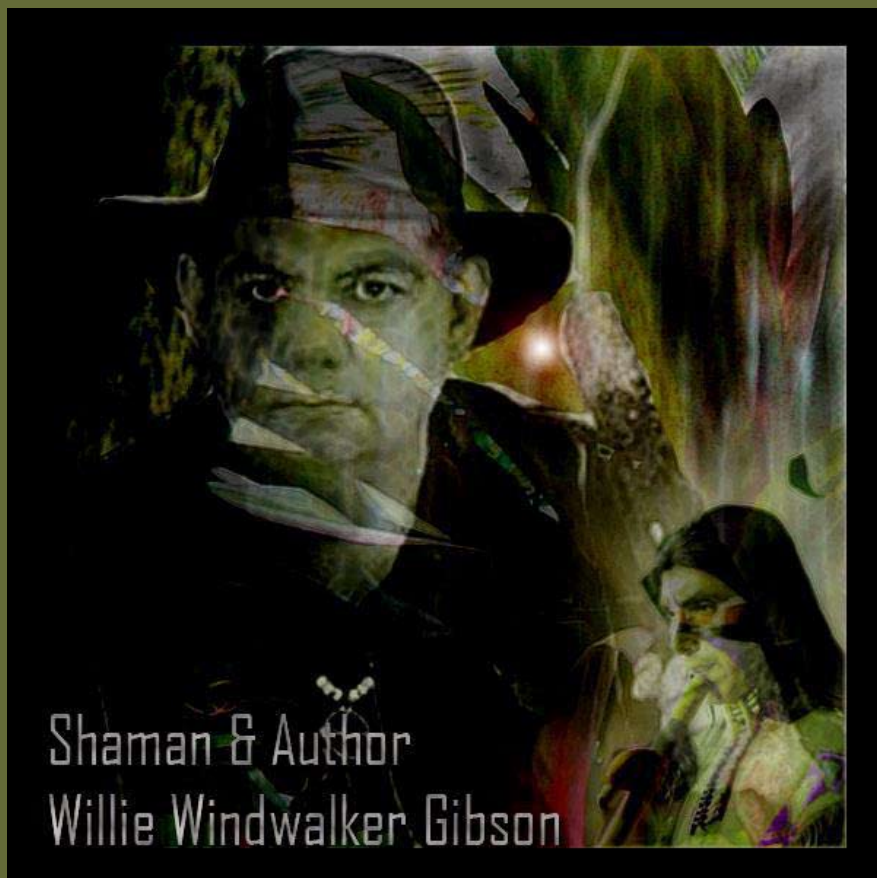
Humanity will either find a peaceful solution for the violence, greed, and hate

in this world, or it won't.

These issues have pretty much been with us throughout human history. Personally, I think it will take a cataclysmic event or war, where most of the population is wiped out to make any real change.

This doesn't mean that we shouldn't continue to work for a fair and just world. We should. And our actions on this planet do affect our own energy field, as well as the field of those around us. But in the larger scope of universal awareness and consciousness, our actions really don't matter.

When our species ends, no matter how it ends, the universal oneness will go on, infinite and unchanged. ♦



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LIMITING WITH LABELS

By Karen Frazier

Every moment we choose to re-create something in our lives, we are living in the past because we are choosing the creation of history instead of creating something anew. What does this mean exactly?

What are the labels you've applied to yourself or others over the years? All labels are constructs of the past. Every time you re-apply that label, you are giving voice to the creations of history instead of being open to what the present might bring. How do you label yourself? How do you label others? Are those labels even true in this present moment? How do you know with absolute certainty they are true?

Here's an example. One of my current labels is, "I am an author," and while objectively given the books I have written that may be true, the actual truth is that in the past I have been an author. And, there's a darn good chance I may choose to be an author again, as I am one who writes. However, if when people say, "Tell me what you do, Karen," I reply, "I am an author," the Universe will provide me with that experience over and over again. And that's not necessarily a "bad" thing.

I love being one who writes, and frequently that is how I choose my expression. But by labeling myself "author," I am leaving out so much more. I am not that label, and I don't wish to limit myself because I am also one who loves, one who laughs, one who dances, one who smiles, one who is in joy, one who brings comfort, one who learns, and so many more expressions, and I don't wish to choose one, two, or even 10 as my self-definition

because I wish to be open to every expression of my Divinity embodied.

Here's another label: "I am sick." While people have certainly been sick even a moment ago, remember this: Applying that label can perpetuate the sickness. Miracles happen. People are spontaneously healed. Or perhaps what appears as spontaneous healing is actually no longer choosing the label, "I am sick." While you were sick a moment ago, maybe in this moment you are not. As a

statement of Divine expression, perhaps a different choice than the label of sickness would be, "I am one who chooses expression in wellness."

Here's another: "I am too fat." Hit home? Here's a question. How do you know you are "too fat?" Perhaps you are the perfect size your body needs to be at this moment. In fact, I'd go farther and suggest it is impossible to be "too fat" because you are exactly as fat as you are, and I am exactly as fat as I am.

These bodies are how Divinity is expressing itself through us right now, and the Divine (or God if you wish) makes no mistakes. Therefore, you are not only not "too fat," but you are perfect. And with the "too fat" label, you are judging and disowning something created as an expression of Divinity. In rejecting yourself, you are rejecting the Divine.

A different choice of self-awareness may be, "I am one who chooses my Divine expression in the physical as a perfect state of health for me."

Another: "He is an awful human being." It's easy to



label others, yeah? However, the judgment implied in the label suggests you truly know something about him, and you may think you, indeed, do. But you don't. You aren't him; you aren't walking his path. You don't know the reason he has made the choices he has or understand why he has chosen this type of expression. If you think you do understand these things, it is still just conjecture. All you know are moments of behavior you experience, and those are all in the past (even if they only happened 30 seconds ago).

Instead of applying labels, perhaps you may wish to see him as an expression of the Divine and realize he can create himself anew, as well, and by seeing him as the Divine aspect of himself instead of his past behaviors, you can help raise his vibration in a way that benefits not only him, not only you, but the entire Universe, as well.

Do your labels serve you? If they don't, then remove the label and be open to what can be instead of what once was. There's only one thing we truly know about everyone and everything we encounter in this moment: It is an expression of the Divine. It is the Divine seeking to express itself through embodied human forms and terrestrial events. Everything else we think we know is

conjecture based on history. It's easy to judge people and events, but judgment a) may not be true (and most likely are not); and b) gets us stuck in the lower vibrations of what was instead of working together to raise the vibration to what truly is.

If we ever wish to rise out of the vibrations that are manifesting currently in our personal lives and on our planet, we

need to see things with fresh eyes. You cannot end war with more war. You cannot end hate with judgment. You cannot fix a broken economic system with anger. You cannot cure poverty with furious rhetoric. Perhaps, then, it is time to try something different and view everything with love. This is where the answers lie — in love and not in history.

If we see everything as its highest expression and realize everyone and everything is an expression of the Divine, then the next step is to see our Oneness with those events and those things. And the more people realize they are One with everyone and everything, the more people set aside an agenda of selfishness and instead join a vibration of selflessness that allows the One that we are to continue to move to higher and higher expressions of the Divine. ♦

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THE ELEMENTAL

By Willie Windwalker Gibson

From time to time, I've been asked to investigate creatures that are called elementals — entities that are found mainly in nature. Being a shaman I am sought out for the elemental cases because as a Native American I understand how to deal with the beings. I'd like to share one of these cases with you.

One of these cases is about a creature that appeared in a friend's house one morning. The friend, who I will call Alice, called me one morning and told me about an encounter she had with a creature in her living room.

She got up about 6 a.m. that morning and went into the kitchen to make her morning coffee. As she started the coffee, she heard a crash in the living room that sounded like glass breaking. She thought that maybe her dog bumped into a table and knocked over a vase.

Alice went into the living room and saw that the vase had been broken, but her dog was not anywhere to be found. She then heard what sounded like a giggle behind her. When she turned around, she saw something that really scared her. She said there stood something that looked like a person but was only about three feet tall. It had arms and legs and had what looked like clothes made from things you would find in the forest. The forest was right behind her house.

Alice went on to say the creature had both human-like features and animal-like features, and looked almost like an elf. Alice said that as she looked directly into the creature's dark eyes, she started to get dizzy. The next thing she knew, she was standing outside at the edge of the woods, completely naked, and gazing into the woods.

Alice said that when she realized she was naked, she ran back into the house and yelled for her husband, Gary. She told him what happened, but he just laughed and said she had a bad dream. She asked him what type of dream would cause her to end up in the yard naked.

That's when Alice called me.

I asked Alice if she felt like she was in danger, and she said yes.



* * * * *

When I arrived at Alice's house, I went to the edge of the woods. I immediately felt a very strange energy vibe. I walked into the woods and could sense I was being watched. I yelled out, "I am Windwalker! I am Shaman!" I asked whoever was there to come and talk with me, and if it needed help, I would help.

The bushes started rustling, and I could hear what sounded like faint giggling. I told whatever it was I would not hurt it. I then saw the bushes start to rustle again, and whatever it was started moving away from me. I followed the rustling of the bushes further into the woods until I came into a clearing.

The clearing had a strong energy that I could actually see. It looked like heat coming from a hot road. I sensed that I was looking at some sort of portal. My instinct told me not to go any further — that there was danger ahead. I slowly backed away and returned to Alice's house. I told Alice that I didn't see what she saw, but I did follow something through the bushes to the clearing. I told her that I stopped the chase at that point.

Alice asked me what she should do. I told her that I would put up a protection ring around the house and hopefully it would keep whatever it was away from the house. I got my medicine bag and did a cleansing of the house. Then, Alice and I went to the edge of the woods and placed a ring of blessed salt around the edges of the woods, as well as around the outside of the house. I then went back to where I found what looked like a dimensional portal energy opening and placed blessed medals and blessed salt there.

Then I went back to the house and told Alice if she got the feeling to go to the woods to resist it. Then I told her to call me if she needed me again.

I didn't know for sure what Alice confronted in her home. I didn't know if the creature was good or bad. What I know of elementals is that they are good and bad creatures of different kinds.

* * * * *

A few days passed when I got another call from Alice. She said that another strange thing happened. She had found herself naked again and standing in the yard. But this time she was shaken back to reality by her husband, Gary. And this time Gary seemed concerned.



I asked Alice if she thought the creature she had previously seen had returned, but she said that she didn't think so. She felt the protection ring I had placed down stopped it, but that the entity was trying to lure her from the protection of the salt ring. She felt the protection ring was doing its job.

I checked on Alice for several weeks after that, and she told me nothing else had occurred again. I told her I thought that whatever it was had lost interest in her and moved on.

I don't know if Alice encountered an elf or elemental. But I do know that such things are out there, and in the coming months, I'll write about other encounters and experiences I've had with them. ♦

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YOUR BODY AND THE PARANORMAL: HOW DO YOU FEEL?

BY KRYSTLE VERMES, WWW.GETSPOOKED.NET

Many paranormal researchers claim that our best tool for detecting otherworldly activity is our own body, but is there any truth behind it? To find the answer, we surveyed more than a dozen people to learn about their experiences in haunted locations.

Specifically, we wanted to know what they felt with their bodies. Some of us may be lucky enough to visually see apparitions, for example, but what else do we pick up with our eyes, ears, and noses?

Survey Methodology

A total of 15 people responded to our inquiry on their experiences in haunted locations. Their locations varied from Gettysburg, Pennsylvania, to San Diego, California. Some were self-defined skeptics, while others were believers. We even had a couple of psychic mediums in there!

A few respondents were aware that they were visiting a haunted location when they had an experience, but others were not informed of their location's history.

The Results: Who Got Spooked?

In the end, the majority of respondents — 66 percent — said that they had felt the “creeps” at a haunted location before. The “creeps” in this case were defined as feeling like they were not alone, getting the chills up their spine, or feeling strange jolts of electricity in the atmosphere.

Deanna Lynn Sletten shared a story of her stay at the famously haunted Stanley Hotel, in which she experienced her fair share of unusual activity.

“As I walked down the hallway to the ice machine, I hit a spot that felt like I hit a wall,” she said. “Electricity ran through me and gave me chills. I went to get the ice;



then on my way back to the room, at the same spot, I felt it again. I tried going through it several times and had the same reaction. Then I closed my eyes and walked down the hall to see if I could feel when I hit the spot, and the chills and electricity hit again.

“I got my husband and asked him to walk down the hall and tell me if he noticed anything. At the same exact spot, he said he felt like he’d hit a wall of electricity.”

About 40 percent of survey respondents said they picked up on strange sounds at their haunted locations. Evidence that fell into this category included sounds such as footsteps and voices.

Less than one percent of respondents mentioned feeling dizzy or nauseous at allegedly haunted locations, and 20 percent said that they felt the sensation of being physically touched by an unseen force.

Finally, 20 percent of respondents said that they had felt wind at a haunted place. We categorized "wind" as cool or unusual breezes, taking temperature into account.

"During a dowsing class I was taking, we were brought into an apartment building, and after going through the steps of clearing any part bound spirits in a target apartment, I opened a closet and asked if there were any spirits in here," said respondent Dean McMurray. "I had several spirits go through me and take my breath away."

Final Thoughts

The body may be one of the most useful tools for detecting paranormal activity, but in the realm of science,



many would argue that it yields little credibility. Because the sensations we feel are relatively subjective, they can be difficult to declare as cold, hard facts.

If anything is for certain, it's that skeptics and believers alike can experience paranormal activity. In the end, what we think about these stories afterward hardly matters.

What do you think? ♦

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JAPANESE GHOST LORE

By Winter M. Balefire, www.WinterBalefire.com

Japanese culture is rich in tradition and lore. There are many known ghost stories that are passed down from generation to generation.

Some of these stories may have been created to ensure proper curfew or to teach respect, but there is always the question, how many of these tales are rooted in truth?

After Death?

The Japanese Shinto believe that after death a human becomes a spirit with two sides, one good and one evil. These spirits are believed to be everywhere, in water, trees, mountains, and wind.

Buddhists believe the way a person behaves while living would determine how they will spend the afterlife. They would either go to the “pure land” or the “Land of the dead,” like Hell. There are also certain prayers and rituals to ensure proper passing of a spirit due to the belief that a spirit starts out angry and confused.

Yurei

A Yurei, or ghost, is believed to haunt the place it once lived and torment the people responsible for any ill feelings it carried during its human life, such as jealousy or envy.

These Yurei are often wearing what they were buried in, and any wounds that may have caused their death will be just as visible. A person must pray that the soul of the dead can ascend and be released from its suffering. Without proper funeral rights, they cannot pass on.

Weeping Rocks

Recurring themes in these legends are angry and vengeful ghosts of women who experienced cruelty while they were alive. There is a road between Tokyo and Kyoto known as the “Rocks that weep.” A woman was said to have traveled down that road to meet her husband late one night. She was attacked by thieves and murdered. Her blood spilled onto the rocks, and now these rocks are believed to contain her spirit.



Buruburu

The Buruburu is a ghost believed to inhabit graveyards, forests, or any dark, quiet location. The name translates to “the sound of shivering,” and the ghost will appear to you as a harmless elderly person.

The spirit then attaches itself to you; therefore, you’ll feel shivers down your spine, and it’ll fill you with intense fear, sometimes resulting in heart failure.

Ikiryō

The Ikiryō is a type of spirit that comes from a living person. When someone feels intense emotions like hatred or love, their spirit is believed to leave their body and travel on its own.

They will either attempt to attach to the person they love or curse the one they hate.

Tanuki & Kitsune

Humans are not the only ones mentioned. Fox and

raccoon are often seen as having magical abilities. They can be tricksters, frightening, misleading, and even positive omens at times.

The Tanuki is a small, furry creature believed to be able to transform into something much more frightening, such as a one-eyed demon who uses nature (earthquakes, lightning) to claim victims.

Another popular creature is the Kitsune, a fox with shapeshifting abilities. Usually these creatures shift into beautiful women who seduce and even possess men and lead them to their demise.

Bakechochin

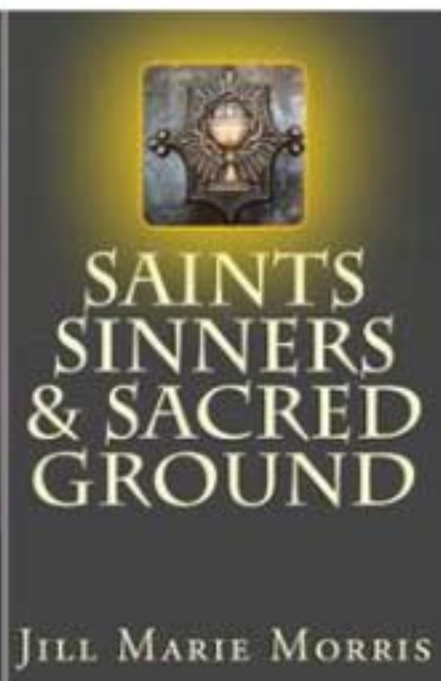
There are even stories of inanimate objects containing ghosts. The Bakechochin is a lantern thought to contain

the spirits of those who died with hatred and malice in their hearts. The lantern has some human qualities, a long tongue and wild piercing eyes. Anyone who dares to light the lantern will immediately be attacked by the spirits living inside.

Many of these stories in their own bizarre way promote peaceful living, warning us all to stay away from hate, jealousy, lust, and all the similar things viewed as evil or sinful throughout the world.

The personification of emotions is a popular theme and a memorable way to teach lessons. However, many of these entities and their legends are so ancient that the origins have become distorted over the centuries. Yet, they are powerful enough to stay and invoke fear into the most modern and advanced cultures. ♦

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Exploring the Haunted Old Crown Coaching Inn

By Claire Sloan, www.ShadowsOfTheNight.co.uk

The Old Crown Coaching Inn in Faringdon, Oxfordshire, UK has a long and storied past, including use as a courthouse, excise office, and today as an inn and restaurant. It also houses active paranormal activity that I've interacted with and researched during visits there.

The following documents personal experiences and history about the different locations at the Inn.

Restaurant

The fireplace in the restaurant is very active. It feels quite unpleasant at times and not especially comfortable to keep your back to.

A young boy was killed here and then buried behind the location. I sensed that the boy, who was three and whose last name was Warren, was suffocated by his mother, Mary. It is she who is active here.

The boy does not wish for his remains to be moved, and he has moved on. The mother was linked with the owners of the building at the time the fireplace was being built and killed her son over an inheritance that she wanted, which would otherwise have been held in trust for him. This act ruined her life; she became paranoid and defensive through fear of being found out, and is here now still trying to maintain her secret.

Room Two

Room two has a lovely feel to it — it would be conducive to a good night's sleep and is a good room for those frightened of spirits or traumatic echoes. There is nothing active here. I believe it was used as a nursery and has only absorbed the positivity and happiness associated with this.



The Old Crown Coaching Inn in Faringdon, Oxfordshire, in the UK, is a former coaching inn that dates back to the 16th century. The site reportedly has retained some of its original features, including a cobbled courtyard and fountain.

The Corridor Outside Room 4

Every time I walked this section of the corridor, I was touched on the arm by a male spirit who was laughing at this. He is not malevolent, merely having fun as he knows what I was looking for. He enjoys his environment and is very sociable.

He would try to make contact if asked in a fun way, but without providing genuine scares. He is overseeing the guests and helping to staff the hotel in his own way. So, my belief is that he was a landlord here at one time.



The fireplace in the restaurant area of the Inn (pictured above) is reportedly an active paranormal location.



Room 6

This room is very active and has a most specific feel to it. I imagine that many people would notice the unusual atmosphere here and be aware of activity. A lady has hanged herself here in the window space that is now the fire escape. She used a bed sheet and faced outwards, as this view was significant to her and she wanted it to be the last thing she saw.

She was pregnant and unmarried, 20 years old, and in an employed position as a servant or staff member here. Her baby was fathered by someone prolific in the area, and she worried that her life was over and her position and home lost.

I get the name Jenny W. for her, and it is both the echo of her act of death, as well as her haunting the room, that makes it feel so unusual.

The feelings linked with her are misery, anger, self-pity, fear, and loneliness, as well as unhappiness over the man she was involved with. She veers between anger at her situation (but not aimed at guests) and intense emotional distress. She is presently unable to move on.

The Front Bar

This has been separated into two distinct rooms in the past, split from the front door going backwards. One side (on the right as you face the front door from the bar) was open into the business next door.

The other side was used as both a restaurant, kept separate from the drinking area, and an area for the undertaker to lay out and preserve bodies at different times.

The Bampton Room

This area was used for nefarious activities, away from the eyes of landlord and staff. And at other times by landlord and staff away from the eyes of the public. It has housed hidden highwaymen, seen illegal gambling, and hosted meetings linked to bootlegging and many business deals, sealed with a drink.

The Tunnel

The tunnels run far deeper than this exposed area; this is merely a way in. They have had several uses over several centuries, from a water supply to a shortcut to the church and monastery to be used in state emergen-



The Old Crown Coaching Inn is home to a plethora of paranormal activity. Once such spirit who roams the property is said to be a coachman who walks the creaking stairs to room number eight and then knocks loudly on the door.

cies to protect the men of the cloth. I feel the monks would also have had more beer-related uses for a private shortcut!

At other times, the tunnels were used as overflow hospital wards, cool areas thought to be free of infection, and for protecting the wounded and those from the Cricklade Room (see below) tending them from additional attacks during battles. Highwaymen have used the tunnel networks to hide from the law and pop up at roadside locations.

They have also been used for secret meetings and secret acts of worship, when to do so freely was prohibited.

Additionally, they were a popular site for illicit liaisons and saw many courting couples seeking some privacy, as they had nooks and crannies as offshoots of the straight sides.

Cricklade Room

This room has been utilized by prostitutes as a welcoming parlor, and if the wooden panels in the room were removed, I feel that there is a staircase directly up to the bedrooms.

There was a fatal stabbing in this room, a working woman stabbed by a drunken customer.

Lechlade Room

This room has been used as a cell in the past and in a similar theme as a place to put dangerous inebriated customers until they become sober. There is an intense level of frustration and noise in here, and it feels very feral.

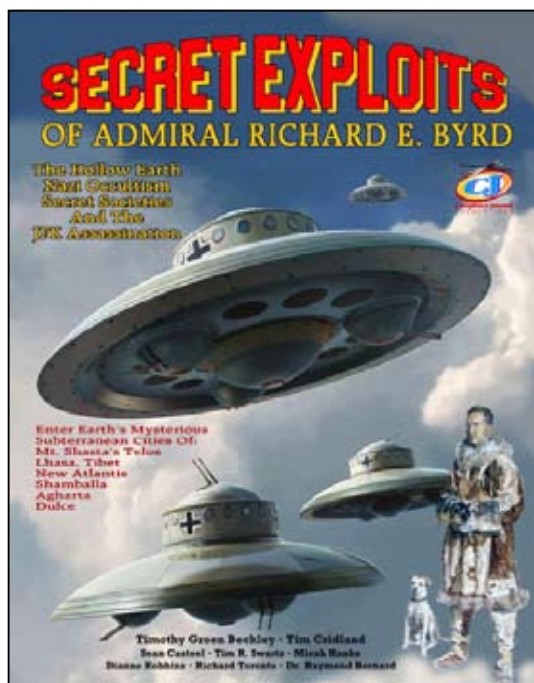
Attics

The attics have been used for centuries as servant and staff quarters. In particular, in one area I picked up on a male servant, fairly senior, who was an alcoholic and holed up here to drink when he was not working. Generally, the feel up here is good — a place for staff to relax and be sociable with one another!

Final Thoughts

We have walked away from the Old Crown Coaching Inn with some brilliant evidence! We have been back to this location three times already this year with our guest events, and we will most likely go back again. ♦

**DID ADMIRAL RICHARD E. BYRD LEAD A SECRET "PRIVATE LIFE"
AWAY FROM THE PRYING EYES OF THE PUBLIC?
WHAT WAS HIS ULTIMATE INVOLVEMENT WITH THE
ASSASSINATION OF PRESIDENT JOHN F. KENNEDY?**



Several years ago a mysterious manuscript said to be Admiral Richard E. Byrd's Private Diary emerged. In it Byrd wrote about a vast ice free "paradise" beyond the Poles:

"We are crossing over the small mountain range and still proceeding northward as best as can be ascertained. Beyond the mountain range is what appears to be a valley with a small river or stream running through the center portion. There should be no green valley below! Something is definitely wrong and abnormal here! We should be over Ice and Snow! To the port side are great forests growing on the mountain slopes. Our navigation instruments are still spinning, the gyroscope is oscillating back and forth!"

During his career as an explorer, up until his death in March 1957, Byrd was considered a national hero. Besides exploring both Poles, it

is alleged that the veteran Navy commander had come upon an entrance way that led into a Hollow Earth inhabited by a race of giants.

Rumor also has it that Byrd, during his 1947 expedition, was confronted by a "lost" Battalion of Nazis whose settlement was being guarded by a fleet of back engineered "Flying Saucers." And while Byrd's scientific team was supposed to stay for six months in this frozen region, his expedition was called off shortly after his arrival.

What is generally not known is that on one of Byrd's sojourns to Antarctica, he sought to stave off mutiny from among his crew by enlisting some of the younger members into a very secretive "Loyal Legion," which enabled him to clamp down on any leaks about his missions and discoveries.

And while the content of Byrd's "secret diary" is open to debate, researcher and author Tim Cridland searches deeply into the many shadowy unknowns surrounding Byrd and the Nazis as well as a previously undisclosed wrinkle: a closely guarded connection between JFK's assassination to the iron grip of those determined to keep the secrets surrounding UFOs and the arrival of ultra-terrestrials locked away from public scrutiny forever. This conspiracy involved members of a sinister secret group of wealthy and "well connected" individuals that included Lyndon Johnson, John Connelly and at least one member of Byrd's family among its ranks.

This book takes a wholly original approach to a great many areas of interest revolving around the concept that our Earth is "hollow," and that a vast cavern system, constructed eons ago, exists connecting various subterranean cities with their hidden gateways back to the surface world. Both benevolent beings as well as "denizens of the deep" are said to populate this hidden realm.

ORDER FROM: Timothy Green Beckley, Box 753, New Brunswick, NJ 08903

☐ **The Secret Exploits Of Admiral Richard Byrd—\$21.95+ \$5 S/H**

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'Spirits, Beignets, and a Bayou Biker Gang'

By Deanna Chase

Q&A by Michelle M. Pillow, MichellePillow.com

New York Times and USA Today bestselling author, Deanna Chase, is a native Californian, transplanted to the slower-paced lifestyle of Southeastern Louisiana. When she isn't writing, she is often goofing off with her husband in New Orleans, playing with her two Shih Tzu dogs, or making glass beads.

Her book, a paranormal mystery called *Spirits, Beignets, and a Bayou Biker Gang*, released in October 2016.

* * * * *

Q: In your book *Spirits, Beignets, and a Bayou Biker Gang*, Pyper Rayne is a medium. What inspired you to create such a character?

Deanna: To answer this question you probably need to know a little more about me. When I was only 29, my husband and I sold our house, quit our corporate jobs, and moved into an RV to travel the country for five years. During that time, we became full-time glass artists. And, eventually, once we were ready to settle back down, we ended up in New Orleans. It's here that I first started writing.

Now, on to Pyper. She's a sassy, independent woman with a huge heart. She's a business woman, an artist, and a medium — the kind of girl who is proud to follow her own non-traditional path. It's fair to say that with the exception of being a medium, in some ways, Pyper is a reflection of who I am and wish I could be. It's also fair to say that she is much cooler than I am and probably way more fun. But the business woman, artist, and being brave enough to follow your dreams, we're one in the same.

Q: Do you believe in the supernatural?



Deanna and her husband currently live in a 100-year-old cottage outside of New Orleans that they believe is haunted.

Deanna: I absolutely believe in the supernatural. I'm not sure I'd go so far as to say vampires and werewolves exist, but I do believe that ghosts are real and that people have empathetic gifts, ESP, telepathy, etc.

I believe that we are all connected by energy and that the mind is an incredible thing. Intentions matter. What one puts out into the Universe matters. Can someone wish something into existence? I don't know, but I do

know that if you look in the direction you want to go, it's much easier and more likely you'll get there.

Q: Have you ever had a paranormal experience?

Deanna: Yes. It's pretty normal for me to stay up late to write when the house is quiet. We don't have kids, so it's just me, the husband, and the dogs. The house we lived in while I was writing *Haunted on Bourbon Street* was fairly small. My office was right next to our bedroom, and many, many nights I'd hear footsteps on our old wood floors around midnight. The catch is, I could also hear the husband snoring in the next room while the dogs were sleeping at my feet. I'm pretty sure the ghost was just trying to inspire me.

In the house we live in currently (it's a hundred-year-old house), a friend who is a medium tells us it's haunted by an older woman who likely died of a heart attack. We've seen signs that someone might be here, things like locking the old lock we no longer use on the front door, burnt out lightbulbs suddenly working when no one changed them, and the TV suddenly turning off all on its own.

Q: What kind of paranormal creatures do you wish you could meet?

Deanna: I'd love to meet a vampire. No kidding. I don't know what it is about the cold, pale, heartless creatures, but ever since Anne Rice introduced me to Lestat, I've been totally infatuated with the bloodsuckers ... not that I want one to bite me. I'll leave that one for my fictional characters.

Q: How would you react if you came face to face with a ghost?

Deanna: I'd probably die from a heart attack or break my neck as I tripped down the stairs. I'm not exactly great in high-stress situations. I always say that in the event of a zombie apocalypse, I'd be the first to go. So stick with me, you only need to be faster than the slowest person. ;)

Q: What does the future hold for your writing?

Deanna: Currently, I have two active series: Jade Calhoun and Pyper Rayne. I am releasing a new book in

each series later this summer. Then I'm working on my next new series *Last Witch Standing*. It's a spin-off of my Crescent City Fae series, featuring the much beloved sidekick Phoebe Kilsen.

She's a vampire-hunting witch who spends a lot of time in disguise while investigating the underbelly of an alternative New Orleans universe.

Q: Have you ever been abducted by aliens?

Deanna: Yes. They gave me a brain transplant and ever since then I've had voices in my head. That's why I write.

I have to do something with all the crazy running around in there.

Q: How feasible is a zombie apocalypse?

Deanna: It's totally happening people. The government has the virus stored at Area 51. At some point it will be unleashed to distract us all from a massive cover-up. The survivors will be the chosen ones. Good luck to you all. Remember, they are getting me first.

Q: Choose your fate: Who would you rather face off with? A vampire, a werewolf, or a warlock?

Deanna: Definitely a werewolf. I'm a total dog person. I think he'd become my best friend and guardian. If this happens, he'll protect me from the zombie apocalypse, so all bets are off and you'll need to find yourself another sacrificial lamb.

Q: If you could be anywhere while writing, where would you be and why?

Deanna: At the beach. There is something about being near the ocean that calms me. I love the sound of the surf and the smell of the saltwater. Doesn't matter if it's the calm shores of Florida's Emerald Coast or the dramatic cliffs of Northern California.

Since we live in New Orleans and we both can work anywhere, it's not unusual for us to run off to Pensacola Beach for a week or two at a time.

* * * * *

To learn more about Deanna Chase and her books, visit <http://deannachase.com/>. ♦



Energy Transfer/ Energy Healing

Excerpt from "Higher Vibes Toolbox: Vibrational Healing for an Empowered Life" by Karen Frazier

The following excerpt from "Higher Vibes Toolbox: Vibrational Healing for an Empowered Life" by Karen Frazier is republished with permission. Copyright © 2017.

There are many energy healing modalities that can assist with vibrational healing. In energy healing, another practitioner works with you and your body draws in the energy. You can learn various energy healing techniques and use them on yourself. For instance, as a Reiki practitioner and master, I apply Reiki to myself (and my pets!) every day, which helps me balance energy. There are numerous energy healing techniques you can learn for yourself or visit a practitioner who works with it. Below are brief descriptions of a few you can try.

If you have the opportunity to receive hands-on energy healing, I highly recommend it. It's a relaxing process that provides a way to care deeply for yourself.

Reiki

Reiki is a form of hands-on or distance energy healing. It is an ancient universal energy that comes from the universe through the practitioner, and the person receiving the Reiki draws it into his or her body. Reiki masters teach Reiki practitioners the philosophy and practice and then attune them to the energy so they can share it with others. Reiki level one practitioners are trained in hands-on Reiki. Reiki level two

practitioners are taught how to use symbols and attuned to second level Reiki, which allows them to send Reiki across time and distance. Reiki masters are taught to attune others to Reiki, as well as how to teach it.

There are thousands of Reiki practitioners and masters. If this is a modality you are interested in, it is fairly easy to find a practitioner or to learn it yourself.

Quantum Touch

Quantum Touch is another form of energy healing that can either be hands on or at a distance. Practitioners are trained by certified Quantum Touch trainers who have met the requirements of the course. The technique involves energy movement from the earth through breathing and works via entrainment (transferring vibration from the healer to the receiver). You can find QT practitioners through the website, QuantumTouch.com.

Emotional Freedom Technique (EFT)

EFT is an acupressure technique that involves tapping on various energetic points to release energy blockages. Through the use of tapping and positive affirmation, EFT can help with psychological healing. You can learn the basics of doing EFT for yourself at EFT.mercola.com.

Healing Touch

Healing Touch is another form of hands-on energy therapy that works



Intuitive energy healer Karen Frazier wrote the book *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life* to share information about healing tools anyone can use to remove blocks, balance your energies, raise your vibration, and connect to your soul's highest purpose.

with the body's magnetic field (biofield) to support emotional, spiritual, and physical health. Learn more about Healing Touch or find practitioners at HealingTouchProgram.com.

Homeopathy

Many people are surprised to learn homeopathy is a form of vibrational healing. Homeopathic substances work on the principle of like cures like. Taking a substance that, at full strength, can cause the same symptoms it is meant to treat, homeopathic medicines dilute the substance over and over until it doesn't retain any of the original substance, but instead the medicine contains the vibration of that substance. These substances then enter the body of the person taking them and vibrate at a frequency that helps to clear up the symptoms.

Homeopathy remedies are highly individual, so it's important to work with a trained homeopathic physician to ensure you take the right medication for your symptoms and condition.

Body Work

Various types of bodywork can also help raise vibration, create balance, and free energetic blockages. While it seems bodywork is just working on your physical body, remember it is impossible to separate body, mind, and spirit. Therefore, balancing the physical body can also facilitate balancing of energies.

It is possible for emotions and spiritual and mental pain to become trapped in the body, and when the patient experiences some type of bodywork, it releases that energy. I saw this firsthand when I worked in a chiropractic and massage therapy office for about eight years. I can't tell you how often I saw someone during the process of a physical treatment — either a spinal manipulation or deep tissue massage therapy — have a deeply emotional reaction following a treatment. People might start to laugh hysterically, cry, or anything in between as the physical manipulation released some primal energy that had been stored in their body.

I had a similar reaction once during a session of craniosacral therapy. One moment I was fine, and then next I was sobbing hysterically. Once the crying jag had passed, I felt lighter than I had in months. Something had been released inside of me.

Types of bodywork that can help with vibration include but aren't limited to the following:

- Massage therapy and myofascial release
- Reflexology
- Craniosacral therapy
- Alexander technique
- Rolfing
- Chiropractic
- Applied kinesiology
- Feldenkrais method
- Hakomi

Acupuncture and Acupressure

There are many other physical forms of energy medicine that work with energy channels in the physical body. Acupuncture and acupressure are two of these. Both work with specific points in the meridians to clear blockages and allow energy to rebalance itself. Acupressure uses pressure on these points while acupuncture uses needles. You'll need to find practitioners trained in these techniques. A good place to start when locating them is through a local holistic health clinic.

Hypnotherapy

Hypnotherapy can also lead to vibrational balance and deep emotional, physical, and spiritual healing. Hypnotherapists have an array of tools at their disposal to help you uncover subconscious energy blocks and release them. I've had hypnotherapy several times, and every time I have come away spiritually, physically, and emotionally enriched.

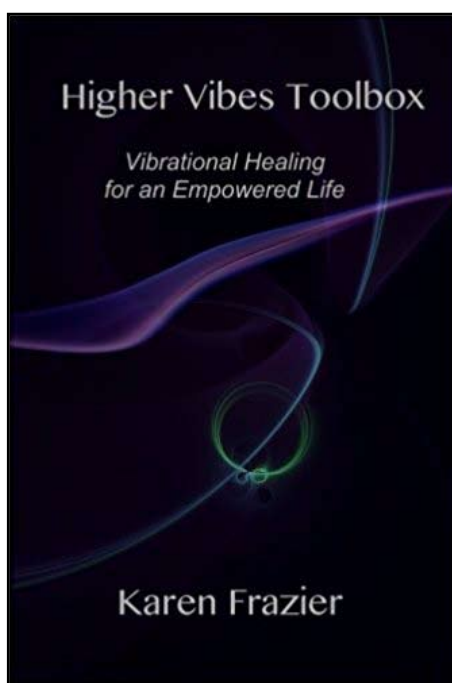
During hypnotherapy, you are in a state of deep relaxation where your conscious mind steps aside and your subconscious mind comes to the fore. During that period, you are deeply suggestible, so the hypnotherapist can offer posthypnotic suggestions to your subconscious that then activate in your waking life.

Many people fear hypnotherapy because they feel as if they are ceding control to someone else. However, it's important to understand even when your conscious mind has stepped aside, you are in control. A hypnotherapist cannot make you do anything you don't wish to, regardless of how suggestible your mind is when you are in a hypnotic trance.

Some of the ways a hypnotherapist can work with you follow ...

* * * * *

To learn more about "*Higher Vibes Toolbox*" by Karen Frazier, visit <https://www.amazon.com/Higher-Vibes-Toolbox-Vibrational-Empowered/dp/0692896252> and <http://www.authorkarenfrazier.com/>. ♦



PARANORMAL TV:

Pop-Culture Garbage or a Wake-up Call?

By Will Johnson

I am a self-admitted UFO buff, print, and Internet archivist (hoarder), crackpot researcher, amateur scholar, professional B.S. artist, and all around “high strangeness” addict and expert.

While many may know of the canonical Betty and Barney Hill, a fiend like me is also familiar with apocryphal stories, such as the time an editor from William Morrow & Co. encountered Whitley Strieber’s “Gray Lady” in a Manhattan bookstore — as well as many equally or even more bizarre accounts.

As one who has a preference for both the red meat and the outer perimeters of the matter, I should have no tolerance for the various and sundry “paranormal” shows on television. Television is, of course, the medium of mediocrity. As far back as 1980, the horror novelist Stephen King lauded *The Twilight Zone* (the greatest show of all time, in my opinion) as a respectable but deeply flawed effort to compromise with the suits and the lowest common denominator taste of the masses. What a shame that, say, the visions of Richard Matheson and Ray Bradbury did not go from page to small screen without the interference of Lucky Strike cigarettes and their Madison Avenue brokers.

Needless to say, *Ancient Aliens* and similar shows are also victims of necessity. Almost all of them are a glossy hodgepodge of spurious assertions and the meticulously edited bells and whistles of breathless (to the point of hyperventilation) sensationalism. A few respected and not-so-respected celebrities in the field add their two cents in favor of the episode’s party line and all ends well on a suggestive but necessarily inconclusive note.

Some would assume a zealot, a true believer, an obsessive reader (such as myself) of the best Websites

and blogs would detest such pop-culture garbage; the popular, simultaneously hyperbolic and watered-down micron-filtered distillation of the broadest possible body of information.

Wrong! I love those shows as much or more than any uninitiated layman. They are cozy entertainment, a sort of melodramatic opera loosely based around a subject I love.

We all need recreation, and dost not the priest wish to lower himself to the pews and join in the bonhomie of the unwashed flock? Just because I know their entertainments

are full of nonsense does not make the nonsense any less fun. More than that, I see shows like *Ancient Aliens* as (hopefully) a precursor to a new mythology and religion, one that might incorporate cosmic and science fiction (or fact, as is often the case) themes into our perhaps stale traditional systems.

The psychoanalyst Carl Jung saw UFOs as the key to our future spiritual development, and I agree with him. And as with any religion old or new, there must be an exoteric doctrine for the people and an esoteric one for us UFO nerds/High Priests!

As with any opiate of the masses, paranormal shows (especially *Ancient*

Aliens and its ilk) have an analgesic effect on my mind, body, and soul. I find it especially helpful to ponder Tikal and the USOs of Lake Titicaca right before bedtime.

A friend of mine once collapsed on his couch after a long day of work and said, “Ah, I feel like I’m floating through outer space.” That is how I feel when I retire after a good episode on Gobekli Tepe. That’s my medicine in both a Western and Native American sense. I take one visual capsule before bed and call a well-respected blog in the morning. ♦



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